

## Specification Amendments

Amend the paragraph starting at line 9 on page 1 as follows:

### 2. Description of the Related Art

Conventional athletic shoes such as running or jogging shoes use various arrangements for controlling pronation during the gait cycle. Pronation is the inward roll ~~from~~ toward the medial side of a shoe following heel contact with a running surface.. This in turn causes the foot shod with the shoe to roll inwardly. Over-pronation is undesirable and can lead to various foot problems, such as inflammation, swelling and pain in the knee, a condition commonly known as "runners knee".

Amend the paragraph starting at line 13 on page 2 as follows:

~~Other objects and advantages are provision of a cushioned midsole without adding excess weight, spreading cleat pressure without inhibiting sole flexion, and balancing the need for traction and cushion in a sole without adding excess thickness.~~

Amend the paragraph starting at line 16 on page 3 as follows:

Combination upper and midsole subassembly 12 of Fig. is comprised of a midsole 44 on which the walls of an upper 46 are carried. The upper can be formed integral with the midsole, or it can be a separate part that is secured as by an adhesive or a suitable bonding process with the midsole. The perimeter of the midsole is formed with the same number of recessed seats 48-50 as there are frame depressions 26-40.